

Instructions For Use

VARDENAFIL TABLETS FROM LT PHARMA, INDIA

Read this document before using the medicine.

If you do not understand something or have doubts, consult your doctor.

Why VARDENAFIL is prescribed?

VARDENAFIL is used to treat erectile dysfunction (impotence; inability to get or keep an erection) in men. VARDENAFIL is in a class of medications called phosphodiesterase (PDE) inhibitors. It works by increasing blood flow to the penis during sexual stimulation. VARDENAFIL does not cure erectile dysfunction or increase sexual desire. VARDENAFIL does not prevent pregnancy or the spread of sexually transmitted diseases such as human immunodeficiency virus (HIV).

How should VARDENAFIL TABLET be used?

VARDENAFIL comes as a tablet to take orally. It is usually taken as needed, with or without food, 60 minutes before sexual activity. VARDENAFIL usually should not be taken more often than once every 24 hours. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take VARDENAFIL exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor. This medication may be prescribed for other uses; ask your doctor or pharmacist for more information.

What special precautions should I follow while using VARDENAFIL TABLET?

Before taking VARDENAFIL:

- Tell your doctor and pharmacist if you are allergic to VARDENAFIL or any other medications. Do not take VARDENAFIL if you are taking alpha blockers such as alfuzosin (Uroxatral), doxazosin (Cardura), prazosin (Minipress), tamsulosin (Flomax), and terazosin (Hytrin); or if you are taking or have recently taken nitrates such as isosorbide dinitrate (Isordril, Sorbitrate), isosorbide mononitrate (Imdur, ISMO), and nitroglycerin (Nitro-BID, Nitro-Dur, Nitroquick, Nitrostat, others). Nitrates come as tablets, sublingual (under the tongue) tablets, sprays, patches, pastes, and ointments. Ask your doctor if you are not sure if any of your medications contain nitrates. Do not take drugs containing nitrates such as amyl nitrate and butyl nitrate ('poppers') while taking VARDENAFIL.
- Tell your doctor and pharmacist what other prescription and nonprescription medications, vitamins, nutritional supplements, and herbal products you are taking. Be sure to mention any of the following: amiodarone (Cordarone); antifungals such as fluconazole (Diflucan), itraconazole (Sporanox), and ketoconazole (Nizoral); clarithromycin (Biaxon); cyclosporine (Neoral, Sandimmune); danazol (Danocrine); delaviradine (Rescriptor); diltiazem (Cardizem, Dilacor, Tiazac); disopyramide (Norpac); erythromycin (E.E.S. , E-Mycin, Erythrocin); fluoxetine (Prozac, Sarafem); fluvoxamine (Luvox); HIV protease inhibitors such as indinavir (Crixivan) and ritonavir (Norvir); isoniazid (INH, Nydravid); medications for high blood pressure or irregular heartbeat; metronidazole (Flagyl); other medications or treatments for erectile dysfunction; nefazodone (Serzone); paroxetine (Paxil); procainamide (Procanbid, Pronestyl); quinidine (Quinidex); sotalol (Betapace); troleandomycin (TAO); verapamil (Calan, Covera, Isoptin, Verelan); and zafirlukast (Accolate). Your doctor may need to change the doses of your medications or monitor you carefully for side effects.
- Tell your doctor if you have or have ever had an erection that lasted more than 4 hours; a condition that affects the shape of the penis such as angulation, cavernosal fibrosis, or Peyronie's disease; high or low blood pressure; irregular heartbeat; a heart attack; angina (chest pain); a stroke; ulcers in the stomach or intestine; a bleeding

disorder; blood cell problems such as sickle cell anemia (a disease of the red blood cells), multiple myeloma (cancer of the plasma cells), or leukemia (cancer of the white blood cells); and liver, kidney, or heart disease. Also tell your doctor if you or any of your family members have or have ever had retinitis pigmentosa (an eye disease) or long QT syndrome (a heart condition).

- Tell your doctor if you have ever been advised by a health care professional to avoid sexual activity for medical reasons. You should know that VARDENAFIL is only for use in males. Women should not take VARDENAFIL.
- If you are having surgery, including dental surgery or any dental procedure, tell the doctor or dentist that you are taking VARDENAFIL.

What special dietary instructions should I follow while using VARDENAFIL TABLET?

Talk to your doctor about drinking grapefruit juice while taking this medicine.

What side effects can VARDENAFIL TABLET cause?

VARDENAFIL may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- Headache or Burning Dizziness
- Upset stomach or Heartburn
- Bloating or Flushing
- Stuffy or runny nose or any Flu-like symptoms

Some side effects can be serious. The following symptoms are uncommon, but if you experience any of them, call your doctor immediately:

- Erection that lasts longer than 4 hours
- Vision changes (seeing a blue tinge; difficulty differentiating blue & green; or difficulty seeing at night)
- Swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs
- Hoarseness, Difficulty breathing or swallowing, Blurred vision, Fainting, Hives, Rash

What storage conditions are needed for VARDENAFIL TABLET?

Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom). **Throw away any medication that is outdated or no longer needed.** Talk to your pharmacist about the proper disposal of your medication.

What are the steps in case of emergency/overdose of VARDENAFIL TABLET?

In case of overdose, call your local poison control centre. If the victim has collapsed or is not breathing, call local emergency service.

What other information should I know about VARDENAFIL TABLET?

Keep all appointments with your doctor. Do not let anyone else take your medication. Ask your pharmacist any questions you have about refilling your prescription.